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Welcome to the first FRAILOMIC newsletter of 2014!

2014 is expected to be a very productive year for the consortium, with many project milestones being achieved. With so much going on, please remember to keep us informed of any exciting news you may have so that we can share it with all our colleagues in the subsequent newsletters.

Also, please let us know if you feel that you would like to write a short article for the newsletter. We will provide you with any help you may require in preparing it.

Mallorca Meeting

It was great to see so many of you at the FRAIOMIC meeting held in Mallorca in November last year. We are sure that all the participants found the meeting productive. We must say that the location chosen for this 2-day meeting was absolutely stunning!

Our leader, Professor Leo Rodríguez Mañas from SERMAS, started the meeting by welcoming everyone to the beautiful resort of Mallorca. Undistracted by the beautiful vista provided by the Hotel Barceló, he provided us with a brief update on the study status, focusing on the tasks of each work package already completed and those expected to take place during 2013–2014. The conclusion was that the study is running smoothly and on schedule.

The stage was then taken by Cristina Catalina from IDETRA who addressed possible issues concerning intellectual property. It was reinforced how every single dissemination activity (including journal articles, meeting abstracts, posters and oral presentations) and patent applications should get prior approval from the Intellectual Property Committee (IPC) before it is released into the public domain. It was reiterated how important it was that the investments



made by each of the partner organization are protected from accidental breach of intellectual property rights. The key members of the IPC were decided upon during the meeting (details given in the



meeting minutes provided by Magali Harmand from SERMAS). One important point that was discussed was access to FRAILOMIC data. It was agreed that the consortium should follow a 'no free data access policy'. The practical upshot of this agreement is that permission needs to be granted whenever a partner wants to use consortium data. It was also agreed that although permission is required there should be no unreasonable withholding of these data.

On the morning of the second day, members of the Steering Committee gathered to discuss the membership of the IPC and the process each partner should follow when it has data for publication

(termed the publication pathway) or wants to submit a patent application.

Dr Tim Hardman hosted a 2-hour workshop session dedicated to publication planning. Tim explained the importance of a carefully planned communications strategy and presented examples of other publication plans created by Niche. This workshop was interactive with the meeting participants being asked to get involved in the production of mission statements, cornerstone themes and key messages. The participants provided their feedback in colourful post-it notes that were 'posted' onto note sheets Niche prepared for the workshop. These sheets had already had some information on them,



which was gathered via the 'Preliminary Partner Engagement Document'. The goal was to engage people in the planning of the dissemination activities that our consortium might use. In addition, Niche

wanted to give everyone the opportunity to make a contribution that may best serve their project goals. And we must not forget that two heads are always better than one! We were very pleased with the enthusiasm that everyone showed in coming to grips with the challenges posed by predicting the future! By the end of the session, Niche had a host of many different opinions, ideas and contributions that could be used in mapping out the Publications Plan. We have been working through the many feedback comments you provided and have put together our first draft of the Publications Plan (see later).

The Mallorca meeting was not only about work. It was also about reinforcing old friendships and building of new relationships. This was particularly important as most of the contact between us has been by email. In this highly challenging study, it is crucial for the consortium to function as a closely knit team if the project is to succeed. Therefore, we made the most of all the breaks available and we hope you did the same. Tim even managed to get in the pool!



The Publications Plan

The first draft of the FRAILOMIC Publications Plan has been sent to each of you for review. If you have not received it, please get in touch with us.

Given the complexity of the study, with the partners performing different assays and collecting diverse samples and data, we believe that the Publications Plan will become a key resource as it will

help people to see how everything fits under the umbrella of our objectives. To further promote understanding, engagement and contribution, we thought that it would be helpful to create a poster of the plan that could be pinned to an office (lab) wall.

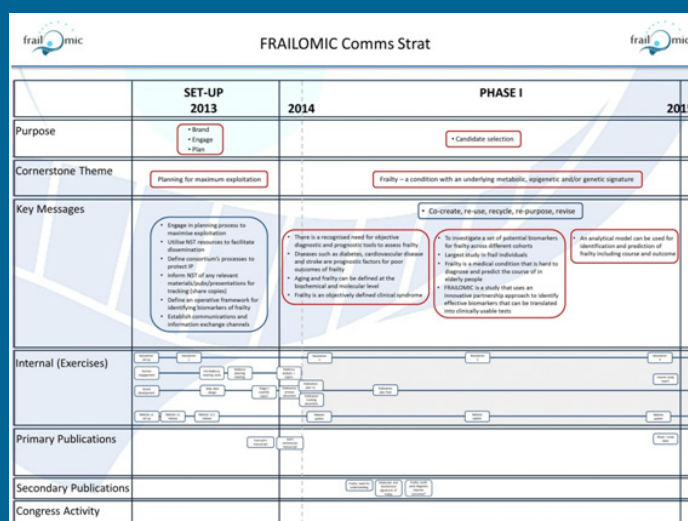
The Publication Plan showcases currently identified deliverables for the study (including some opportunities for primary and secondary publications, and meeting abstracts, posters and oral communications). A brief look at the Publications Plan and you will notice that last year saw the achievement of some important

milestones. The website and newsletter were set-up, the first edition of the FRAILOMIC newsletter was distributed, the study brand was established and the communication planning was initiated. We have identified three review articles to be written in the next few weeks. We will identify possible authors

who may want to work with us on developing these articles. Please do not hesitate to contact us if you would like to be considered as an author. The plan is to write an outline for each review with bulleted text

providing some general information on the points to be further developed. These outlines will then be sent to the authors for their feedback after which documents will be developed according to Good Publication Practice Guidelines 2 (GPP2). We believe that review articles can massively increase awareness of the study.

At this stage there is a question in particular that needs to be clarified: how will authorship be decided for FRAILOMIC communications? Please refer to the next section for guidance on this very relevant matter.



Authorship Guidelines

As a direct result of the complex organizational structure of FRAILOMIC, deciding who will be an author in a communication may not always be straightforward. A process has been developed to provide guidance on how best to determine authorship in an open and fair manner.

Many journals require a publication to meet the authorship criteria provided by the International Committee of Medical Journal Editors (ICMJE) and/or those defined by GPP2. These criteria/guidelines apply not only to publications but also to meeting abstracts, posters and oral communications. According to ICMJE:

"Authorship credit should be based on 1) substantial contributions to conception and design, acquisition of data, or analysis and interpretation of data; 2) drafting the article or revising it critically for important intellectual content; and 3) final approval of the version to be published. Authors should meet conditions 1, 2, and 3."

Also very important is to remember that:

"Each author should have participated sufficiently in the work to take

public responsibility for appropriate portions of the content."

If these simple rules are followed attributing authorship should be clear-cut. In addition, the team can be assured it is complying with the requirements of most journals for submission of manuscripts.

Please remember that we are keen to help you with any FRAILOMIC communications that may be used to promote public/scientific interest in the study. We are interested in learning from you any ideas you may have in how best to achieve this. We have the resources and scope to provide considerable support in developing these products within the GPP2 framework and we are eager to be involved.

Furthermore, an important part of our role in the team is to track the work we

(as a team) prepare. Therefore, please let us know every time you present the study in a scientific meeting and send us a copy of the communication you did. If you have read the 'Mallorca Workshop Report' you have noticed that we created a document to track every single dissemination activity. You should be aware of the publication process which should make it impossible to present FRAILOMIC-related data without prior approval. This will also allow us to track work. However, we appreciate that some references related to FRAILOMIC may slip through the gaps, particularly during the early stages of the study. We need to keep the tracking document up-to-date but we will not be able to do this without your help. Thank you.